

## **Special Diets**

Our school dinners are provided by HC3S. If your child requires a special diet menu, please register for by **Monday 1<sup>st</sup> July**. Medical special diets are prepared for children at HC3S schools who have been advised to avoid a certain food by a medical professional.

For further information the links can be found below.

<https://www.hants.gov.uk/educationandlearning/education-catering/parent-information/primary>

<https://www.hants.gov.uk/educationandlearning/education-catering/parent-information/primary/specialdiets>

<https://specialdiets.hants.gov.uk/>

## **Do I need to apply for a special diet menu?**



### **Vegetarians**

We offer a daily vegetarian meal option. There is no need for you to apply for a special diet menu using this application system.



### **Nut allergies**

We guarantee that our standard primary school menu, known as the 'classics' option, is 100% nut free. We also ensure that ingredients are manufactured in a nut free environment. This controls the risk of cross contamination. Which means that all children with a nut allergy are able to eat our standard menu with no need to register for a special diet.



### **Diabetics**

You can find the carbohydrate count for each of our meals [here](#). So there is no need to apply for a special diet menu.