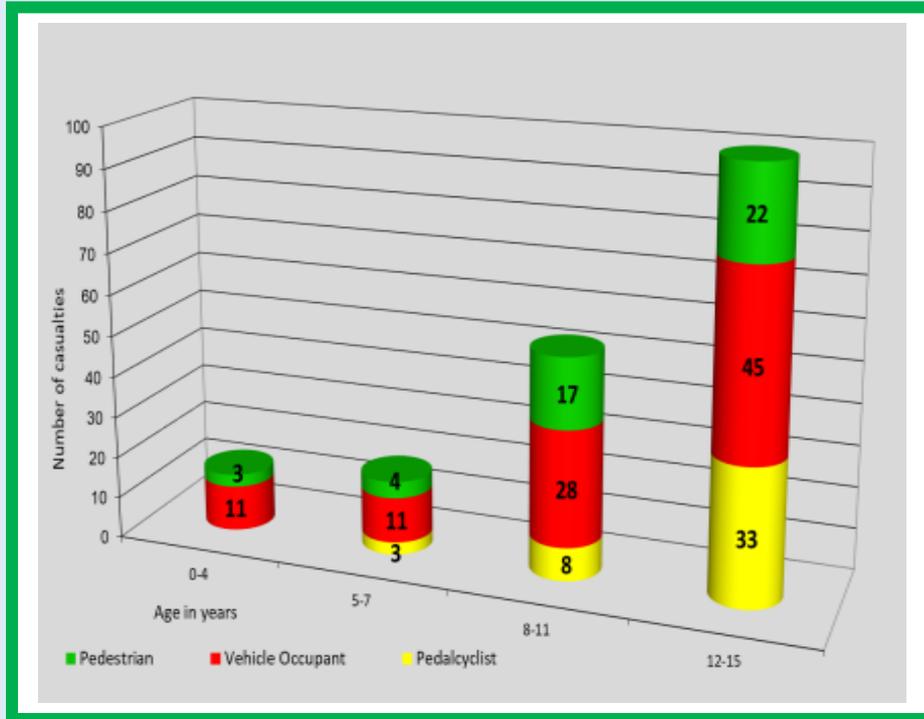




Road safety newsletter (June 2022)

Kings Worthy Primary



STATISTICS

This graph highlights why road safety education is so important! In 2020, **185** children and young people between the ages of 0 - 15 years, were injured or killed on Hampshire's roads.

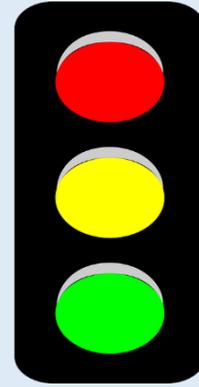
Reminder

Setting a good example & teaching your child the green cross code, is the best way to keep them safe on the roads. Here's a little reminder of the important code!



Safe on the Streets is an award winning, road safety resource for 7-11-year-olds from BMW Group Education. Here you will find activities, online interactive quizzes and games to support teaching the Green Cross Code.

[Safe on the Streets \(bmweducation.co.uk\)](http://bmweducation.co.uk)



As children become more independent in travelling to school or being out and about on their own, it is easy for them to become distracted by friends, using mobile phones or listening to music. It is therefore very important that their full attention is given to the road when needed.

DID YOU KNOW?

It takes 23 metres for a car travelling at 30mph to stop! That's about 6 car lengths and this distance doubles when conditions are wet!

What should you do?

- Plan your journeys carefully choosing the safest NOT shortest route
- Use safe places to cross like zebra & pelican crossings when you can. Remember to only cross once traffic has stopped
- Be bright be seen! Wear bright colours in the day & reflective clothing at night
- Give the road your FULL attention. Turn music off, ignore texts & allow calls to go to voicemail - they can all wait until you are safely across the road
- Always be alert and aware of your surroundings and the traffic around you

Think Zig-Zags

Unlike adults, young children cannot see over parked vehicles & likewise drivers cannot necessarily see children. The yellow zig-zags outside schools are there for a purpose - to provide a clear area in which children can cross the road safely. Please be mindful of this & refrain from parking or stopping on the zig-zags. Even partially parking on them can restrict visibility of the road.



Don't forget that bikes need safety checks on them just as cars do. Make sure that you check your tyres & brakes regularly. Wearing a helmet can save lives! According to cyclesuk, a major study of 64,000 cyclists found helmets reduce the risk of:

- Head injury by 51%
- Serious head injury by 69%
- Face injuries by 33%
- Fatal head injury by 65%

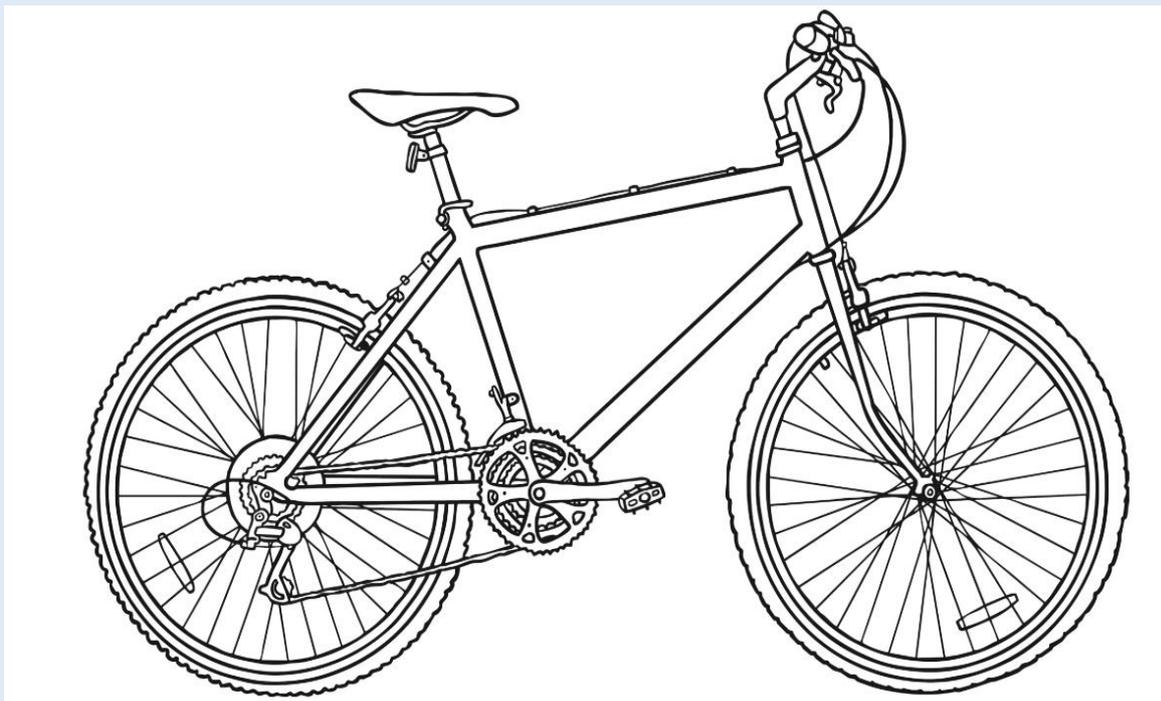


Cycle helmet rules:

- Make sure your bike helmet fits you well.
- Always wear your helmet the right way so it will protect you: Make sure it covers your forehead and don't let it tip back. Always fasten the straps.
- Don't wear a hat under your helmet.
- Take care of your helmet and don't throw it around. If it's damaged, it won't protect you as well when you need it.
- Get a new helmet if you ever have a fall while you're on your bike and hit your head.
- Put reflective stickers on your helmet so drivers can see you better.



Decorate the bike in a theme of your choice. Make sure it is the safest it can be & so it can be seen by vehicles.



Can you find the dangers in the picture? Are there any pedestrians showing positive examples of road safety?

