

# Kings Worthy

Primary School

## Newsletter



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Dear Parents and Carers

### Walk to School February

Following our amazing runner up place we achieved for the Autumn Walk to School initiative, we will be taking part in February's campaign. We would like you to try and walk to school as much as possible during the whole of February. These are the links for an activity pack and diary which you can download and print to enjoy on your walk to school: [3285-LS-Activity Summer-LR \(livingstreets.org.uk\)](https://www.livingstreets.org.uk/3285-LS-Activity_Summer-LR) and [3922-LS-Activity Sheets-Lockdown-D2 copy \(livingstreets.org.uk\)](https://www.livingstreets.org.uk/3922-LS-Activity_Sheets-Lockdown-D2_copy). If you are unable to download and print, but would like an activity pack, please ask your child to ask either Mrs Williams, Chloe in 6C or Oscar in 5R and we can provide one for them.

### **TIPS FOR WALKING TO SCHOOL WHEN IT'S COLD AND DARK**

1. **Dress for success** – Layer up your warmest clothes. Check the weather before you leave the house and dress accordingly. Remember: there is no such thing as bad weather, just bad clothing!
2. **Ease into it** – Start the walk slowly to give your muscles the chance to warm up. If the road is icy, keep your steps small; the bigger the strides, the higher the risk of falling due to decreased balance.
3. **Make friends with dark mornings** – Walk on well-lit routes, maybe take a torch if there are darker sections. Cross at formal/informal crossings (signalised or zebra) or where there is good visibility.

*(Chloe 6C & Oscar 5R)*

### Staff Promise – Chocolate Craft Alresford

On Monday we went on our staff promise to Chocolate Craft. We took part in a workshop where we learnt all about the different types of chocolate, had a factory tour and even decorated our own chocolate bars and huge chocolate lollipops. We had a fantastic time!

*'It was so much fun. We learnt that cacao is actually a fruit! We got to taste all 4 different types of chocolate including dark, milk, white and ruby' - Otilie Year 4*

*'My favourite part was decorating our lollies using the techniques that Pippa taught us' – Polly Year 3*

*'I learnt that chocolate can be used as a glue to stick decorations. We also learnt how to write our names using chocolate!' – Kaysan Year 3*



### Sport – Team Communication

At Kings Worthy, we always strive to provide the best opportunities for our children and are always willing to look at how we communicate to all. We want to ensure our systems are clear, fair and manageable for all. After some recent feedback from children, parents and staff, I wanted to outline how we communicate about team selection. At the start of this year, I outlined how we choose our teams. Below, outlines how we will communicate this.

1. Children will be asked to attend a meeting at break/lunch and will be told that they have been selected. We will not talk about team selection outside of this and will not promise anyone permanent places or future matches.
2. If a player who normally plays for a team is not selected, we will talk to them before this.
3. We will provide a reason, which could include allowing others an opportunity to play. If they need to work on a particular aspect, we will suggest improvements and support this during training sessions.
4. If a player is not chosen due to behaviour in a previous match, during practice or in class, we will inform parents directly and then speak to the player individually.
5. Team selection will be sent via Parent mail and will require the completion of an online permission form. A final email will be sent out with any reminders. Reminders for completing the form won't be sent out.
5. We will try to give at least a week's notice, but on occasion this may not be possible.
6. If a sporting event is offered and we do not teach this or have a club, then we will send out a general questionnaire. Children will then be picked at random, or we will prioritise those who have not had an opportunity to represent the school.
7. We keep a register of those who represent our school, and we use this to offer as many as possible the opportunity.
8. Where clubs are large, we will look at creating A and B teams.
9. We will review this practice at the end of the year and ask for your feedback.

(Written by Mr Brewster)

### North Eastleigh and Winchester District Schools' Cross-Country Team

Three runners from Year 5/6 at Kings Worthy Primary School have been selected to run for North Eastleigh and Winchester at the Hampshire **U12 Cross Country Championships** on Tuesday 7<sup>th</sup> March 2023. This year, each district is only able to take 12 runners, so we are incredibly proud to announce the following have been chosen to represent us and our district. What an achievement!

**Harriet H - Year 5**

**Sydney O - Year 6**

**Zach S - Year 6**

### Lunchtime Volunteers

Please contact the school if you would like to become a lunchtime supervisor – we are always on the look out for new people to join our amazing team.

### Worry Boxes



A couple of weeks ago the children were introduced to our new worry boxes around school. This term each child will have their own laminated name card which they can post in the letter boxes if they feel they are worried about something that can't be dealt with quickly by their class teacher.



These will then be emptied each week and myself, Miss Shuff and Mrs Hobbins will work our way round to check in with each child who has a worry or concern.

(Written by Mrs Coleman)

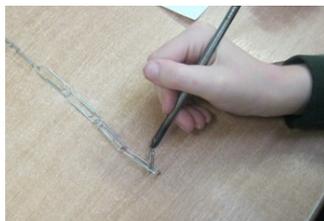
### Science Visit

Year 3 were very lucky to be visited by Mr Webber, a Science teacher from Henry Beaufort, to be taught a lesson on magnets. The children were shown how to turn an iron nail into a magnet and then began an investigation. They were challenged to find out how does the number of times you stroke an iron nail with a magnet affect the strength of the magnet. We are looking forward to taking our results and creating a bar graph from them.

Sofia L: "I liked banging the nail to get magnetic force out of it!"

Nathan: "I enjoyed making the nail into magnets and then banging them on the table."

Wilfred: "I really enjoyed learning new things like making a nail a magnet and banging it to stop it being a magnet."



### Children's Mental Health Week 2023

The theme for this year's Children's Mental Health Week is '**Let's Connect**', which is about making meaningful connections for all, during this week and beyond. The children will be looking at healthy ways to connect to others to benefit their own and others' mental health. When we have healthy connections – to family, friends and others, this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely which can have a negative impact on our mental health.

On Friday 10<sup>th</sup> February, we will be taking part in '**Dress to Express Day**' once again to raise money for Place2Be, a hugely beneficial charity that supports Children's Mental Health.

In next week's newsletter we will explain the finer details about fundraising and the activities the children will be taking part in.

*(Written by Miss Shuff and Mrs Coleman)*



### Spelling Shed

Well done to 3C who have topped our class leader board this week. See below for this week's leader board results.

#### Individuals

**1st Place** – Hector, Year 2

**2nd Place** – Anna, Year 2

**3rd Place** - Naomi, Year 5

#### Classes

**1st Place** – 3C

**2nd Place** – 2S

**3rd Place** – 2VT



### **Kings Worthy Coffee Mornings!**

Thank you to those of you who have expressed an interest in attending our coffee mornings, it will be so lovely to see lots of faces in the school building!

The following are the dates and themes for each session:

Theme	Date	Speaker
<b>Chill and Chat</b>	Monday 6 <sup>th</sup> February	School Staff
<b>Healthy Lifestyles</b>	Monday 6 <sup>th</sup> March	School Nurse Team
<b>Challenging Behaviour and Anxiety</b>	Tuesday 2 <sup>nd</sup> May	Nikki Shergold- <i>Primary Behaviour Service</i>
<b>Social Communication</b>	Tuesday 6 <sup>th</sup> June	Amy Weatherup- <i>SENCo</i>
<b>Sleep</b>	Tuesday 4 <sup>th</sup> July	Sally Hobbs- <i>Emotional Support worker and Sleep Trainer</i>

Please email me at: [l.shuff@kingsworthy.hants.sch.uk](mailto:l.shuff@kingsworthy.hants.sch.uk) to book a place, stating the date you would like to attend and how many people will be attending.

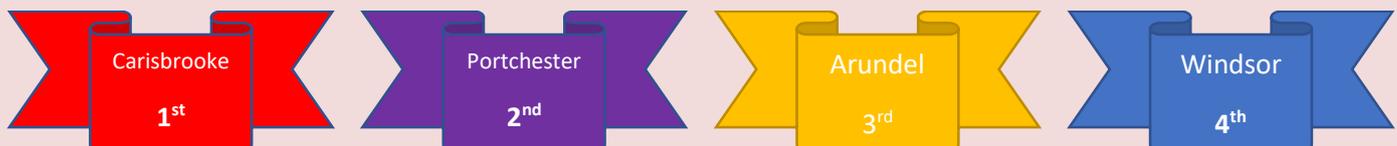
(Written by Lucy Shuff)



### **House Points – Week Three**



### **House Points – Termly Position**



Jamie Dodson  
Headteacher